

Early Stage Support Group



Wednesdays

10:30 am - 12:00 pm

Weekly support group at the Shiley-Marcos ADRC for people with early-stage Alzheimer's or a related disorder. Caregivers of enrolled participants can join in a concurrent caregiver support group.

Shiley-Marcos Alzheimer's Disease Research Center (SMADRC) support groups provide participants with a safe, supportive environment to discuss experiences, share knowledge, and exchange strategies to help one another gain insights and cope effectively with a diagnosis of Alzheimer's disease or a related disorder.

SMADRC Support Groups

- Facilitated by trained professionals
- Access to guest presenters from the scientific community
- Referrals to services and community resources
- No obligation to participate in research
- No cost to participate

Pre-Registration is required. Call (858) 822-4800.