

## Lewy Body & Frontotemporal Dementia Caregiver Support Group



**1st Wednesday of the month**  
**2:00 pm - 3:30 pm**

**Monthly support group for caregivers providing care for individuals with non-Alzheimer's dementias, such as Lewy Body Dementia or Frontotemporal Dementia.**

Shiley-Marcos Alzheimer's Disease Research Center (SMADRC) support groups provide participants with a safe, supportive environment to discuss experiences, share knowledge, and exchange strategies to help one another gain insights and cope effectively with a diagnosis of Alzheimer's disease or a related disorder.

### **SMADRC Support Groups**

- Facilitated by trained professionals
- Access to guest presenters from the scientific community
- Referrals to services and community resources
- No obligation to participate in research
- No cost to participate

**Co-sponsored by Alzheimer's San Diego.**

Pre-Registration is required. Call (858) 822-4800.