

Shiley-Marcos Alzheimer's Disease Research Center

## Quality of Life Programs

Providing emotional support, education, meaningful engagement, and coping strategies

## Young Onset Support Group



4th Wednesday of every month

Care partner: 12:00 pm - 1:00 pm

Person diagnosed: 1:00 pm - 2:00 pm

## Virtual group via zoom or phone

Monthly support group at the Shiley-Marcos
ADRC for individuals who are in the early stages
of Alzheimer's or a related disorder and started
experiencing symptoms before age 65.

## **SMADRC Support Groups**

- Facilitated by trained professionals
- Access to guest presenters from the scientific community
- Referrals to services and community resources
- · No obligation to participate in research
- No cost to participate

