

## **Post-Skin Biopsy Care Information**

Thank you for providing a skin sample today to advance induced pluripotent stem cell research. We are grateful for your contribution to this important area of Alzheimer's disease and related dementias science. Please read the following instructions carefully following the skin biopsy procedure.

- 1. Observe the area where the skin sample was removed carefully for bleeding or symptoms of infection such as swelling and increased pain. Another sign of infection could be a fever.
  - a. If you notice any of these symptoms, seek medical attention and contact the ADRC team at **858-822-4800**.
- 2. The steri-strips placed directly on the skin must remain in place until they fall off by themselves. This may take anywhere from a few days to a week.
- 3. The 4 x 4 gauze and Coban self-adherent wrap must remain in place for at least 24 hours and should not get moist or wet. Do not take a shower, go swimming or go into a hot tub for at least 24 hours.
- 4. The skin should heal within one to two weeks.
- 5. If you have any concerns or questions, please contact the ADRC team at **858-822-4800.**