

# Comprehensive Review of the Management of Essential Tremor

Saturday, February 8, 2014, 9:00 - 11:30 a.m.

UCSD Skaggs School of Pharmacy & Pharmaceutical Sciences Auditorium

9500 Gilman Drive, La Jolla, CA 92093

## Target Audience

Primary care and family physicians, neurologists and other healthcare professionals such as nurses, nurse practitioners, physical therapists, occupational therapists, and speech therapists

## Learning Objectives

Upon completion of this activity, participants should be able to:

1. Identify the clinical features of Essential Tremor (ET)
2. Describe the therapeutic Strategies of management of mild, moderate and severe ET
3. Discuss the role of surgical neuromodulation in the management of ET

## Cultural & Linguistic Competency

This activity is in compliance with California Assembly Bill 1195 which requires continuing medical education activities with patient care components to include curriculum in the subjects of cultural and linguistic competency. Cultural competency is defined as a set of integrated attitudes, knowledge, and skills that enables health care professionals or organizations to care effectively for patients from diverse cultures, groups, and communities. Linguistic competency is defined as the ability of a physician or surgeon to provide patients who do not speak English or who have limited ability to speak English, direct communication in the patient's primary language. Cultural and linguistic competency was incorporated into the planning of this activity. Additional resources on cultural and linguistic competency and information about AB1195 can be found on the UCSD CME website at <http://cme.ucsd.edu>.

## Disclosure

It is the policy of the University of California, San Diego School of Medicine to ensure balance, independence, objectivity and scientific rigor. All persons involved in the selection, development and presentation of content are required to disclose any real or apparent conflicts of interest. All conflicts of interest will be resolved prior to an educational activity being delivered to learners through one of the following mechanisms 1) altering the financial relationship with the commercial interest, 2) altering the individual's control over CME content about the products or services of the commercial interest, and/or 3) validating the activity content through independent peer review. All persons are also required to disclose any discussions of off label/unapproved uses of drugs or devices. Persons who refuse or fail to disclose will be disqualified from participating in the CME activity.

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## Meeting Agenda

- 8:00-9:00 a.m. Registration & Continental Breakfast**
- 9:00-9:10 a.m. Welcome**  
Irene Litvan, M.D. (UCSD)
- 9:10-9:45 a.m. Clinical Review of Essential Tremor**  
Stephanie Lessig, M.D. (UCSD)
- 9:45-10:00 a.m. Coffee Break**
- 10:00-10:35 a.m. Essential Tremor Therapies: Current/Future**  
Fatta Nahab, M.D. (UCSD)
- 10:35-11:10 a.m. The Role of Surgical Neuromodulation in Essential Tremor**  
David Barba, M.D. (UCSD)
- 11:10-11:30 a.m. Panel Discussion, Q&A**

The aim of this program is to provide a greater understanding of Essential Tremor (ET) treatment risks, developments in therapies both current and future, surgical techniques that will allow clinicians, pharmacists, and allied healthcare personnel to better educate and care for patients with ET.

Sponsored by the University of California, San Diego School of Medicine.

The University of California, San Diego School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of California, San Diego School of Medicine designates this live activity for a maximum of 2.00 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Registration and parking for this event are free.

**Register online at <http://movementdisorders.ucsd.edu>**

We would like to thank Medtronic for their support of this program in the form of an educational grant.