

*You're
Invited!*

PARKINSON'S DISEASE SUPPORT GROUP

The Parkinson and Other Movement Disorders Center at UC San Diego Health is facilitating an in-person monthly support group in Chula Vista. People living with Parkinson's disease and their CarePartners are welcome to join and share their experience in a supportive and friendly environment.

**1ST WEDNESDAY OF EVERY
MONTH 1:00-2:30PM**

Norman Park Senior Center
270 F Street
Chula Vista, 91910

QUESTIONS?

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UPCOMING SCHEDULE

February 7th: Managing
On/Off periods, presentation
by Kathy Huynh, NP from UCSD

March 6th: Chris Buscher,
Executive Director of
Parkinson's Association of San
Diego

UC San Diego Health