

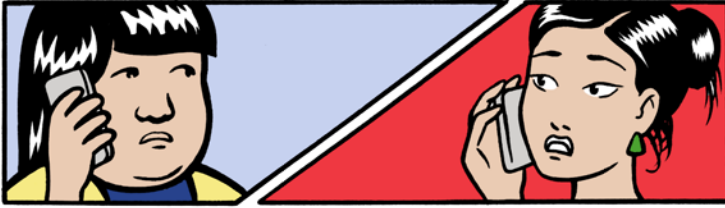
# Dementia Care Partner Wishlist



Remember when you said,  
“Give me a call if  
you need anything...”

A well-intentioned offer can feel empty if you don't know what to ask for. Here are a few specific ideas:

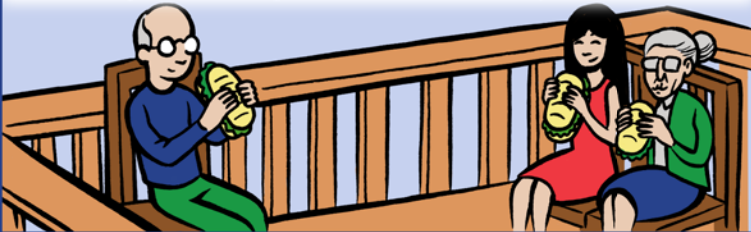
Can you call me at an arranged time each week? I don't need advice; I just need someone to listen.



Would you volunteer to spend some time with them? They enjoy playing games and going for walks or drives.



Could you provide a meal for us? You could order take-out, bring meals, or provide meal delivery service.



Could you help with some home repairs or safety modifications?



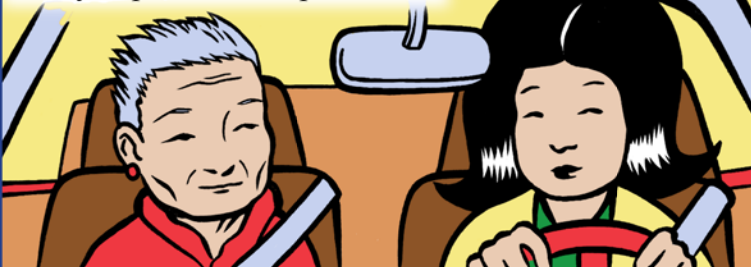
Can I call you if there is an emergency or to work through a problem?



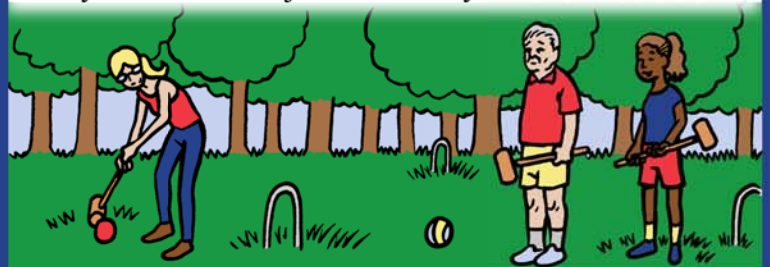
Can you help me with technology?



Can you provide transportation?



Can you invite us to join an activity? We feel isolated.



Reach out. Learn to ask for and accept help.